

Hello & Welcome 😊

My name is Catherine McMahon and I am passionate about providing services to people that support and encourage a better way of living.

I have been a complementary therapist since 2007 and in this time I have seen many magical and truly amazing occurrences.

I have developed a unique service that provides support to people who are looking for a better way of living their every-day-lives. By using a variety of techniques my clients have been able to overcome many physical, mental and emotional situations that they thought they would just have to “manage” for the rest of their lives.

Through the beautiful process of uncovering and discovering new ways of being I have witnessed people make sustainable change through even the most subtle awareness’.

I can only begin to share with you here how wonderful it is to see people shed their skins and fly. To come to the awareness that they do deserve more and that they can make their dreams come true.

I am truly blessed to be in a position to offer you the support and encouragement you need to be able to take those first baby steps so that you can gradually make sustainable change allowing you to find a totally new perspective on life and live the life you were born to live.

I know you have the desire to be more and are probably afraid or confused as to how to do it. I know that you are sitting there reading this and thinking....”that couldn’t happen for me....”. Let me tell you, there is **NOTHING stopping you from FLYING HIGH and living your best life....**

All you need is to be in the right place at the right time with the right people....**MAYBE THIS IS YOUR TIME** 😊

If you would like further information on me or my services please visit my website www.gratitudehealing.com.au or call me on 0407 908 779.

Looking forward to working with you

Catherine

